

Invitation to Follow

~by Steve Garnaas-Holmes

Abandon the illusion you're a self-contained individual.
Be a part of this wounded world,
and find yourself with Christ.

Set aside your own desires,
give yourself fully for others;
be the hands and heart of Jesus.

Renounce self-protection,
accept your brokenness,
and reach out for love.

Let go of your own plans.
Join in the healing of the world.
You will not be alone.

Follow your soul, not your ego.
Follow it right into people's suffering.
Follow it right into the heart of God.

Pour yourself out;
let the world pour in;
then you are one with the Beloved.